

If desired, **fit a ladder stay to the top two rungs** using its spring clip.

**Raise the ladder** by placing its foot against the wall and walking it up, then walk the base out to position at the correct angle

### Ladder Safety

Ensure ladders are set at the correct angle. The gap between the foot of the ladder and the wall should be one quarter the vertical height the ladder is to reach (plus the length of the ladder stay if being used).

The ladder's maximum safe working load, 150kg (the total weight of the user and tools) must not be exceeded.

Never stand on the top 3 rungs, either use a taller set or use an access tower.

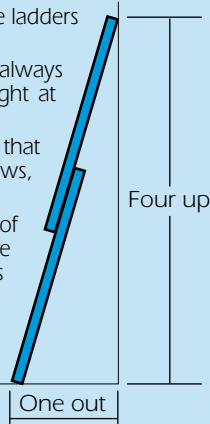
When moving to a new site, carry the ladders with care.

If using a ladder to gain access, always extend it at least 1m above the height at which you step off.

Never rest a ladder against anything that might not bear the load – windows, guttering etc.

For maximum safety, rope the top of the ladder to the structure you are scaling and the bottom to stakes driven into the ground (if this is not possible, you must have a helper to foot the ladder).

If using the ladder with a roof ladder, rope the two together.



### EQUIPMENT CARE

**Never push the equipment beyond its design limits.** If it will not do what you want with reasonable ease, assume you have the wrong equipment for the job. Contact your local HSS Hire Shop for advice.

**When not in use, store the equipment somewhere clean, dry and safe** from thieves.



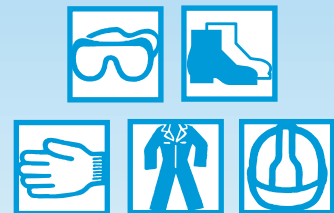
## Operating & Safety Guide 785

# HSS Hire Shops



## Fibreglass Ladders

For electrical work and work near power cables.



## GENERAL SAFETY

For advice on the safety and suitability of this equipment contact your local HSS Hire Shop.

Keep children, animals and bystanders away from the work area.

Never use this equipment if you are ill, feeling tired, or under the influence of alcohol or drugs.

This equipment should only be used by a competent person who has read and understood these instructions.

Never let more than one person onto ladders/steps at any one time.



Wear sensible clothing and stout, comfortable footwear offering good grip. If necessary, wear goggles and gloves.



A hard hat must be worn by everyone in the work area.

Don't attempt to use access equipment unless you feel comfortable working at heights.

Never use access equipment unless there is someone within ear-shot to summon help in the event of an accident.

Never carry equipment while climbing unless you can do so leaving your hands free, by carrying the equipment in a shoulder bag. Climb first then haul the equipment up after you on a rope.

Check the equipment's condition before use. If it shows signs of damage or excessive wear – notably to ladder feet, rung, ropes, pulleys and locking devices – return it to your local HSS Hire Shop immediately.

Keep your feet in the middle of the rungs/steps and climb gripping the sides firmly with both hands.

Always climb on the outer face never on the underside.

Never lean to far to one side to reach. Move the steps as necessary.

Never do anything that involves applying a lot of force. The ladder could topple over.

## GETTING STARTED

Always set up the equipment on a firm, level, non-slip surface. On soft ground, stand the equipment on boards to stop it sinking in.

Have an able-bodied assistant to help lift the ladder into position.

Lay the ladder out flat on the ground and extend it to the required length. Ensure the sections are securely locked together.

Lower the section being raised so that the hook sits correctly onto the appropriate rung, then lock in place with the lock tab.

